

**Wilks, J., Pendergast, D., Leggat, P.A. and Morgan, D. (2021).  
*Tourist health, safety and wellbeing in the new normal*. Singapore:  
Springer, pp. 548. ISBN: 978-981-16-5415-2.**

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**Citation:** Orea-Giner, A. (2023). Book review of Wilks, J., Pendergast, D., Leggat, P.A. and Morgan, D. (2021). *Tourist health, safety and wellbeing in the new normal*. Singapore: Springer, pp. 548. ISBN: 978-981-16-5415-2. *European Journal of Tourism Research* 33, 3306.



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The book entitled 'Tourist health, safety, and wellbeing in the new normal' (Springer, 2021, in English, ISBN: 978-981-16-5415-2, Hardcover book: 155.99 €; E-book: free access) aims to deepen the scientific debate about health, safety, and wellbeing for travellers in (post) pandemic tourism. Following the recommendations of UNWTO (2022) about rebuilding tourism, this book provides a profound analysis of critical elements (i.e., sustainability, new generations' behaviour and necessities, and risk management strategies, among others) that have the potential to potentiate it.

The book is divided into five parts, comprising chapters about health, safety, wellbeing, contexts, government, and industry activity. The 22 chapters are dedicated to analysing these aspects from different approaches and based on various methodologies. Each chapter identifies topical issues of interest for the future of tourism.

The contents of the first part are dedicated to analysing health and safety concerns from a travel medicine perspective. The first chapter describes travel medicine and the different advancements in this field. This approximation of how travel and health are connected continues to be the main topic in the following chapters. Leggat (2021) draws several conclusions, one of which is the requirement to acknowledge the significance of travel health counselling before international travel. The second chapter is focused on pre-departure and post-departure travel medicine consultations, presenting the primary illnesses associated with travel that a medical professional could see during a post-trip consultation (Mills et al., 2021). The third chapter offers a comprehensive view of vulnerable groups' principal health risks when travelling abroad. McGuinness and Steffen (2021) focused on immunocompromised travellers, highlighting the importance of pre-travel advice from medical experts.

The second part of the book includes four chapters whose objective is to analyse safety issues from different perspectives (i.e., travelling safely, food safety). The first chapter on this topic presents an essential contribution to the literature by defining the concept of tourism surety, including safety, security, health, reputation, and economic wellbeing (Tarlow, 2021). The author considers that the tourism sector needs to consider all these aspects in the post-COVID-19 era. Continuing with this view, the second chapter examines the significance of food safety and hygiene as a pillar of the tourist industry in recovering and reconstituting the new normal. Previous studies have confirmed that food safety is one of the most critical elements of the food tourism experience (Lee et al., 2019; Yeung and Yee, 2020). Due to this fact, Pendergast (2021) analysed implementing food safety protocols. The following chapter is dedicated to exploring the theory of disaster and crisis to define and organise disaster management principles and practises to solve the problems of making all aspects of tourism safer and more sustainable. Considering this approach, Gurtner and King (2021) applied this theory to the tourism sector to offer strategies to cope with the pandemic. The last chapter on safety issues is concentrated on examining the main risk elements and mitigation tactics for the most typical tourist injuries by conducting an in-depth literature review (Franklin et al., 2021).

The third part of this title is also connected with wellbeing, a topic whose popularity has increased with the COVID-19 outbreak. These five chapters are built around positive psychology, quality of life, and tourist behaviour. Hannan et al. (2021) devote their chapter to tourist motivation, tourist resiliency and wellness connected with COVID-19. The following chapter continues examining this important topic, giving examples of measures to increase the quality of life of all tourism stakeholders (Berbekova and Uysal, 2021). Another pandemic-derived trend discussed in this book is nature-based tourism. Lück and Aquino (2021) present the Nordic countries' specific cases and Japan's. Finally, the last two chapters of this book section are focused on understanding how the context of the pandemic has affected students

and Generation Z. In this regard, Hartwig and Wheeley (2021) presented the case of international students living and studying in Australia and the impacts that they experienced due to the pandemic. Their conclusions are also linked to the chapter focused on Generation Z, developed by Pendergast and Wilks (2021), which analyses in depth the characteristics of this generation and their behaviour concerning health, safety, and wellbeing.

The following section of the book is entitled 'contexts' and contains four chapters specifically focused on risk perception and safety measures in different contexts. One of the chapters of this part offers a case study focused on Australian tourists around risk perception of diseases by conducting a survey before the COVID-19 outbreak to generate a model that can be applied in the current situation (Wang and Karl, 2021). The rest of the chapters are focused on adventure tourism (Morgan, 2021), risk in national parks by analysing the case of Western Australia (Gstaettner et al., 2021) and Blue Tourism (Wilks, 2021).

The book's final part is focused on government and industry activity. Specifically, it presents five chapters on government travel advisories, the aviation sector, hospitality, cruise ships and legal responsibilities of the tourism industry. In this regard, the chapter written by Sigala (2021) offers interesting practical conclusions and insights regarding transforming hospitality into the new normal.

Overall, the book deals with several issues of the utmost importance, with actual and perceived health and safety issues certainly being key aspects of tourism dynamics (Pendergast, 2021). Bae and Chang (2020) highlight that COVID-19's effects and hazards are unparalleled in human history, leading to a necessity to analyse the link between consumer satisfaction and well-being concerning health risks (Rehman et al., 2021). In this scenario, the book appears to be relevant for both academia and industry. On the one hand, it identifies interesting research venues for future research directions. On the other hand, it offers a wide array of practical insights and applications that can be of high inspiration for policy makers, destination marketers, and tourism businesses attempting to identify effective solutions and strategies to face the new normality and rebuild the tourism industry after COVID-19. This pragmatic perspective adopted by the different chapters contributes to making the book an essential source of material for undergraduate and graduate students.

In conclusion, the book targets students, academicians, and the wide array of tourism stakeholders interested in understanding how health, safety, and wellbeing can shape the tourism industry and its related dynamics. Further, the use of a multidisciplinary methodological approach and the effective and accessible writing style makes the book interesting and easy to read. All the chapters are well interconnected, with only one exception in the so-called "contexts" section, which groups together a series of chapters that sometimes do not have the same common thread, but this fact also offers a broader perspective on the field of study.

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Received: 01/07/2022

Accepted: 06/07/2022

Coordinating editor: Giacomo Del Chiappa